

YOU ARE INVITED TO  
PARTICIPATE IN **NORTHERN  
FOREST FOODS' ANNUAL:**

# Hickory Harvest!

- ★ Do you like spending time outside?
- ★ Could you use seasonal work paying a living wage?
- ★ Are you interested in becoming part of a grassroots movement that builds place-based food security?

**For anyone interested in contributing directly to the food security of our bioregion, this represents a wholesome and reciprocal opportunity to be the change we wish to see.**



**Did you know that the most common hickory species in our region produces an oil-rich nut that can be pressed into a delicious culinary oil similar to olive oil?**

**This fall, beginning late September, Yellowbud Hickory trees will be dropping thousands of gallons of fresh nuts that will be pressed into a delicious and nutritious staple cooking oil.**



Funding made possible by USDA AMS grant 21SCBPVT1092, VT Agency of Agriculture, Food and Markets and VT Specialty Crop Block Grant Program

**We have located many beautiful trees waiting for our love and attention, all we need is a team of dedicated pickers!**

**We have created a volume-based payment system for pickers. For each 5-gallon bucket of fresh nuts, we will pay \$25. Conservatively, this equates to \$10-15/hour while learning the ropes, and can very likely become \$25+/hour once pickers "get the swing of things."**



*"Indigenous wisdom combined with modern technology is paving the way to a reciprocal and resilient future that can sustain humans and our surrounding ecology, indefinitely."*

- Schikoy House of Elder Ways Farm

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# Contact:

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For nut drop off locations, contact:

Western NH

*SULLIVAN COUNTY  
CONSERVATION DISTRICT*



**Lionel Chute**  
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**603-542-4891**

Southwestern VT



**Michael Fernandez**  
**michael@bccdvt.org**

Eastern VT / Upper Valley



**White River  
Natural  
Resources  
Conservation  
District**

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**Click here or scan above for Yellowbud tree ID guide!**